

## About

An innovative program involving local community groups: with a vested interest in developing and implementing a plan to combat the use of ice and other drugs within our region as well as helping other disengaged youth.

1. *Our pilot workshop started on the Fraser Coast in March 2018.*
2. *Workshops are suitable for people 16 to 25 years of age..*
3. *Skills gained at the Independent Riders Workshops include:*
  - *Small motors 2/4 Stroke*
  - *Bicycle Mechanics*
  - *Welding Tig/Mig*
  - *Fabrication*
  - *Spray Painting*

## Independent Riders Workshops

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# INDEPENDENT RIDERS WORKSHOPS



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## BUILD A BIKE

The aim of our workshop program is to provide an environment that provides participants an alternative to drug and alcohol abuse. The build a bike program built three during its pilot program as well as providing opportunities to four participants who gained employment, one an apprenticeship.

As the workshops evolve it is envisaged that additional skills will be made available including basic numeracy and literacy classes as well as introductory computer literacy.

## ALCOHOL AND DRUG FOUNDATION

The Alcohol and Drug Foundation also has a range of resources to provide you with access to the best available research evidence relating to the of alcohol and other drug harms.

Drug Foundation's Information  
5 84

## MORE ON OUR WORKSHOP

Independent Riders Workshop supports other community organisations who work in partnership to develop and deliver programs that prevent or minimise harm from alcohol and other drugs (AOD). Our workshop team are eager to work with other community groups, to identify and tackle issues such as substance abuse, a problem that is destroying our community.

In partnership with local businesses such as Bakers Delight, participants will be provided with meals during their time at the workshop.

All successes, no matter how small will be celebrated with an aim to encourage our youth to be more involved and grow in confidence and self-esteem.



## COMMUNITY ISSUE

Alcohol and other drugs harms are mediated by a number of factors – those that protect against risk, and those that increase risk. For example, factors that protect against alcohol and other drug harms include social connection, education, safe and secure housing, and a sense of belonging to a community. Factors that increase risks of alcohol and other drug harms include high availability of drugs, low levels of social cohesion, unstable housing, and socioeconomic disadvantage. Most of these factors are found at the community level, and must be targeted at this level for change.

Alcohol and other drugs is a community issue, not just an individual issue. Community action to prevent alcohol and other drug harms is effective because:

- the solutions and barriers (protective/risk factors) for addressing alcohol and other drugs harm are community-based
- it creates change that is responsive to local needs
- it increases community ownership and leads to more sustainable change

## VOLUNTEERS

“The Workshop Team welcome volunteers who can bring new or existing skills into the program.

If you are interested contact Sean Fisher Project Supervisor Sean on: 0408 193 750.